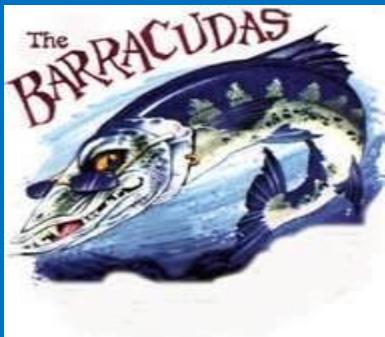


SWIM TEAM



After completing all levels of swim lessons you are ready to be a part of the Barracuda swim team. We have Swim meets year round with teams from

Gunnison, Delta, Castle Dale, Vernal, Moab, and Cedar City

For more info contact
Kamra Davis 650-3832

Swimming Lessons

Swimming Lessons

\$35.00 Per Session

Session 1: Sept. 16th - Oct. 10th

Session 2: Oct. 14th - Nov. 7th

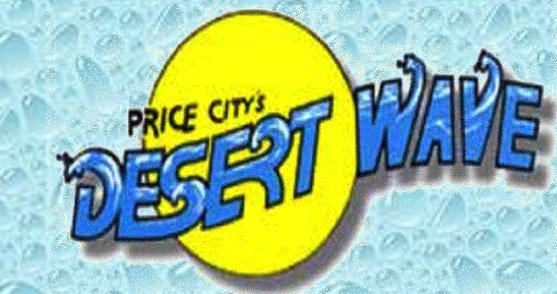
No lessons on Oct. 31 Make up on Nov. 1

Session 3: Nov. 11th - Dec. 5th

No lessons on Nov. 27th and 28th Make up on Nov. 22

**Classes will be taught Mon. & Wed.
or Tues. & Thurs.
in 30 minute sessions**

Swimming Lessons



240 E. 500 N.
Price, UT 84501
435-637-7946

Cost is \$35.00 a session
Each Fall/ Winter Sessions is 4 weeks
Monday - Thursday

Advanced Levels

Sea Lion

This level is best for swimmers who have passed Stingray level and mastered the basic skills of freestyle, backstroke, and elementary backstroke. (ex. Big arm freestyle and straight arm backstroke). Knowledge of whip kick and dolphin kick



Ages 3&4

Beginner



Star Fish

Ages 3&4 This level is best if you have never had swim lessons, have not been introduced to floating on front or back.

Beginner



Duck

5&up This level is best for beginners who have never had lessons, or are not comfortable in water. Will learn basic skills in this

Intermediate



Gold Fish

Ages 3&4 This level is best for swimmers who have passed Star Fish level, swimmers who are comfortable in water, and can float on front and back. And be able to move independently forward for 5-10 ft.



Seahorse

5&up This level is best for swimmers who have passed duck level, can float on front and back with some arm and leg movement

Advanced



Puddle Duck

Ages 3&4 This level is best for swimmers who have passed Gold Fish, Swimmers who can float on front and back. And can swim forward 5-10 ft. with one or more front breaths.

Advanced



Stingray

This level is best for swimmers who can breath to front , backfin, jump from side of pool and swim 15 yds, retrieve object from depth of 4'.

Shark

This level is best for swimmers who have passed the orca level and can properly swim 100 yds of freestyle, backstroke, elementary back., 50 yds of breaststroke, and 50 yds of butterfly

